

THE T2D CONNECTION

November 2022

A QUARTERLY NEWSLETTER FROM MONTGOMERY COUNTY DEPARTMENT OF
PUBLIC HEALTH AND HUMAN SERVICES



QUARTERLY NEWS AND UPDATES:

Health in Montgomery County 2010-2019
Surveillance Report on Population Health
Published! View report and townhall recording
<https://www.montgomerycountymd.gov/healthymontgomery/index.html>

We officially launched the Type 2 Diabetes
website! Check it out!

<https://www.montgomerycountymd.gov/healthymontgomery/programs/type-2-diabetes/index.html>

It's Flu season. Montgomery County Department of Health
and Human Services will offer the following FREE flu
vaccine clinic, learn more below.

[Click Here](#)

MEETING HIGHLIGHTS

During our August 2022 meeting, Dr. Karyn N. Onyeneho, PhD, MS Founder, Color of Genes Presented on the Color of Genes: The Era of Precision Health. See page 2 for more details.

The next Unite 2 Integrate Diabetes Coalition Meeting will be held virtually on Thursday, December 1, 2022 at 11am. We will have several programs present on utilizing Community Health Workers for T2D and chronic disease outreach programs. To attend or get more information, visit <https://www.montgomerycountymd.gov/healthymontgomery/programs/type-2-diabetes/get-involved.html>

We will kick off our 2023 meetings in February and provide an update on DHHS 2022 Community Health Needs Assessment report and related diabetes data.

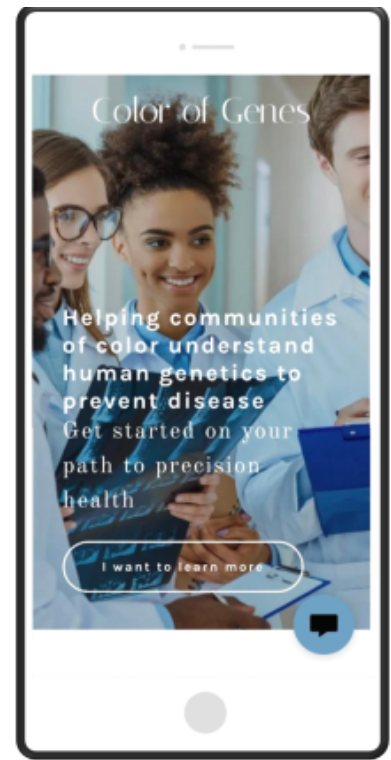
Featured Program

The Color of Genes: The Era of Precision Health

Color of Genes Overview

- Serve the underserved and communities of color who have historically faced health inequities with understanding human genetics research and nutrition interventions.
- Provide the highest quality of health education and access to resources.
- Disease prevention, nutrition and wellness, and optimal health to make better informed health decisions.
- Help improve health to ensure individuals have quality of life.
- Educate the public with important information to understand risk for disease based on genetics, health, nutrition, ancestry, and ethnicity.
- Connect individuals with resources and access to genetic professionals.
- Informative disease prevention and health-related blogs to inform the public.

To learn more, visit www.colorofgenes.com



VISIT WWW.COLOROFGENES.COM TO GET ACCESS TO LEARN ABOUT HUMAN GENETICS RESEARCH, GENETIC TESTING, AND STATISTICS ABOUT TYPE 2 DIABETES MELLITUS

NOVEMBER IS NATIONAL DIABETES AWARENESS MONTH

One of the best ways to manage diabetes is to stay active! Montgomery County Recreation provides diverse, and accessible programs, services and facilities that enhance the quality of life for all ages, cultures, and abilities. To learn more about programs and classes offered visit:

<https://www.montgomerycountymd.gov/rec/activitiesandprograms/classes/>

If you would like more information or be featured in our newsletter, please contact Felicia Hugee at felicia.hugee@montgomerycountymd.gov

Disclaimer: The programs featured do not necessarily represent the official endorsement of the Montgomery County Department of Health and Human Services (DHHS)

